



COMUNE DI
RICCIONE

SAN MARINO
PERFORMANCE

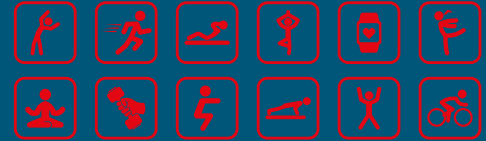
ENERGIA
LIFESTYLE

PLAY

DEE
JAY®

RICCIONE2023
29.07 > 24.08

**SPORT E SPETTACOLO
SI METTONO IN GIOCO**



PIAZZALE ROMA

Scarica Technogym App
per prenotare le classi
ISCRIZIONE GRATUITA



TECHNOGYM

TUTTI I GIORNI

dalle 6:30 e dalle 17:45 (domeniche escluse)

[f @DeejayOnStage](#) www.deejay.it www.energia.sm

Koelliker
design your way

Ipanema

**SAN MARINO
OUTLET
EXPERIENCE**

new balance

MV LINE GROUP

Birra
Fisa

Santa Margherita

Natù
Region
di Asago

Repubblica di
San Marino
www.visitosanmarino.com

ICYEE
ICEBERG CYCLING AND FITNESS

AQUAFAN
Riccione

	06:30	07:30	MATTINO 08:00	09:00	10:00	17:45	18:00	POMERIGGIO		18:30	18:45	19:00	19:45
SAB 29.07	YOGA c/o Villa Mussolini					GROUP CYCLING EVENT by ICYFF & Technogym							
LUN 31.07	YOGA by Natù	RUN by New Balance	GROUP CYCLING by Technogym	PILATES by Ipanema	FUNCTIONAL TRAINING	DYNAMIC STRETCH				CARDIO TONE			CYCLEX by Technogym
MAR 01.08						YOGA by Natù				FUNCTIONAL TRAINING			GROUP CYCLING by Technogym
MER 02.08		RUN by New Balance	CYCLEX by Technogym	Fit Mobility by Koelliker	HIGH INTENSITY TRAINING	PILATES by Ipanema				ATHLETIC TRAINING			GROUP CYCLING by Technogym
GIO 03.08							HATHA YOGA	RUN by New Balance			CARDIO TONE		
VEN 04.08		RUN by New Balance	CYCLEX by Technogym	DYNAMIC YOGA	CARDIO TONE	PILATES by Ipanema				FUNCTIONAL TRAINING			GROUP CYCLING by Technogym
SAB 05.08	YOGA c/o Villa Mussolini					FIT MOBILITY by Koelliker				HIGH INTENSITY TRAINING			GROUP CYCLING by Technogym
LUN 07.08	YOGA by Natù	RUN by New Balance	GROUP CYCLING by Technogym	PILATES by Ipanema	FUNCTIONAL TRAINING		DYNAMIC STRETCH				CARDIO TONE		
MAR 08.08						YOGA by Natù		RUN by New Balance	SPECIAL CLASS by Technogym				GROUP CYCLING by Technogym
MER 09.08		RUN by New Balance	CYCLEX by Technogym	FIT MOBILITY by Koelliker	HIGH INTENSITY TRAINING		PILATES by Ipanema				ATHLETIC TRAINING		
GIO 10.08						HATHA YOGA		RUN by New Balance		CARDIO TONE			GROUP CYCLING by Technogym
VEN 11.08		RUN by New Balance	CYCLEX by Technogym	DYNAMIC YOGA	CARDIO TONE		PILATES by Ipanema				FUNCTIONAL TRAINING		
SAB 12.08	YOGA c/o Villa Mussolini					DYNAMIC STRETCH				CARDIO TONE			GROUP CYCLING by Technogym
LUN 14.08	YOGA by Natù	RUN by New Balance	GROUP CYCLING by Technogym	PILATES by Ipanema	FUNCTIONAL TRAINING		DYNAMIC STRETCH				CARDIO TONE		
MER 16.08		RUN by New Balance	CYCLEX by Technogym	FIT MOBILITY by Koelliker	HIGH INTENSITY TRAINING	PILATES by Ipanema				ATHLETIC TRAINING			CYCLEX by Technogym
GIO 17.08						HATHA YOGA		RUN by New Balance		CARDIO TONE			GROUP CYCLING by Technogym
VEN 18.08		RUN by New Balance	CYCLEX by Technogym	DYNAMIC YOGA	CARDIO TONE		FIT MOBILITY by Koelliker				HIGH INTENSITY TRAINING		
SAB 19.08	YOGA c/o Villa Mussolini						PILATES by Ipanema				FUNCTIONAL TRAINING		
LUN 21.08	YOGA by Natù	RUN by New Balance	GROUP CYCLING by Technogym	PILATES by Ipanema	FUNCTIONAL TRAINING		FIT MOBILITY by Koelliker				HIGH INTENSITY TRAINING		
MAR 22.08						YOGA by Natù		RUN by New Balance		CARDIO TONE			GROUP CYCLING by Technogym
MER 23.08		RUN by New Balance	GROUP CYCLING by Technogym	FIT MOBILITY by Koelliker	HIGH INTENSITY TRAINING	PILATES by Ipanema				ATHLETIC TRAINING			GROUP CYCLING by Technogym
GIO 24.08							HATHA YOGA	RUN by New Balance			CARDIO TONE		